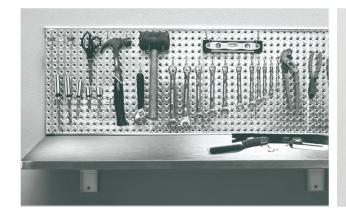
QUICK BENCH

THE FOLD DOWN WORK STATION





INSTRUCTION MANUAL & ASSEMBLY INSTRUCTIONS

Thank you for choosing the Automotive Quick Bench.

This product will be an integral part of your life with an array of applications in garages, laundry rooms, kitchens, and anywhere you need extra space.

FOR MORE INFO PLEASE VISIT WWW.MYQUICKBENCH.COM



TO REDUCE THE RISK OF SEVERE INJURY OR DEATH:

- READ AND FOLLOW ALL DIRECTIONS
- Never apply more force than the products published load limit
- Do not make any modifications to the product
- Never operate unless bench is properly installed and secured to wood studs
- Never allow children to operate or play on or around bench
- Never operate bench under the influence of alcohol or drugs



THE QUICK BENCHS CAPACITY IS 200 LBS. OF STATIC LOAD EVENLY DISTRIBUTED OVER THE TOP OF THE STAINLESS STEEL COUNTERTOP.

THE BRACKETS AND PEG BOARD MUST BE ANCHORED TO 2" STUDS TO PERFORM CORRECTLY AND BE ABLE TO SUPPORT THE RATED CAPACITY.



THIS PRODUCT MUST BE SECURELY MOUNTED TO WOOD STUDS ON A FLAT WALL. THE WOOD STUDS MUST HAVE THE ABILITY TO HOLD THE WEIGHT OF THE QUICK BENCH AND ITS CONTENTS. ANY MISAPPLICATION OF THIS PRODUCT TO NON-STUDS WILL VOID THE WARRANTY AND THE PRODUCT WILL BE DEEMED UNSAFE DUE TO OWNER'S INSTALLATION ERROR.

If you do not feel comfortable installing this bench, contact a licensed professional.



ASSEMBLY TIME SHOULD TAKE AROUND
30-MINUTES WITH ONE PERSON TO ATTACH THE
BRACKETS AND THE PEG BOARD TO THE STUD
WALL AND TWO PEOPLE TO LIFT AND FASTEN THE
STAINLESS STEEL TOP AND PEG BOARD IN PLACE.

TOOLS & MATERIALS NEEDED

TOOLS (NOT INCLUDED)

- Drill
- 5/32" Drill Bit
- 10 mm Socket
- Stud Finder
- Tape Measure
- Level
- Pencil
- Sauare
- Phillips Screwdriver

HARDWARE (INCLUDED)

- QTY DESCRIPTION
- 2 Mounting Brackets
- 7 6x60mm Lag Screws
- 7 7x17mm Steel Washers
- 1 Stainless Steel Top
- 7 6x16mm Phillips Head Screws
- 1 Peg Board
- 10 T-Spacers
- 10 Double Side Tape
- 10 5x50mm Screws

ASSEMBLY INSTRUCTIONS

STEP 1









- Determine and mark the desired height of the workbench on the wall with a pencil. (NOTE: The bench is designed to operate at a height of 30 inches to 72 inches.)
- Use a stud finder to find the closest stud and mark the location. Then measure 2 3/4" down from your predetermined workbench height and predrill a hole with the 5/32" bit.
- When hole is predrilled, fold down spring support plate and secure top bolt and washer using your 10 mm socket through bracket and into stud behind wall. Make sure support plate is all the way down so it does not create a pinch point.
- Measure 24" or 32" to the left or right from your first located stud and locate your other mounting position using the stud finder. (NOTE: Stud spacing in American Residential Settings is 16" or 24" on center and your New Quick Bench must be anchored to the center of the Studs.)
- Repeat the previous process and install the top bolt on the second mounting bracket.
- Use a level to make sure both brackets are level, and then pre drill the remaining holes on each bracket.
- Make sure all 6 lag screws and washers are fastened securely into studs on the vertical walls before continuing.





STEP 2

- Lift the brackets into the UP position with the latches set at a right angle and the locking bracket LOCKED.
- Place the top on the brackets with the back edge securely against the stop tab on the bracket. (NOTE: This will leave a 1/4" space between the wood top and the wall.)
- Center the top between the brackets.
 (NOTE: If the brackets are placed 16" apart, the ends of the bench will be 16" from the outside of the brackets.
 If the brackets are placed 24" apart, there will be 12" from the ends to the outside of the brackets.)
- Screw the 6 6x16mm screws into the underside of the countertop to fasten the board in place.

STEP 3

NOTE: During installation, have a second person hold the QuickBench top and peg board in place to make sure they do not move or fall.

- On the same studs found earlier, hold the peg board in place between 2-6" above the quick bench and mark through four outer holes of the pegboard closest to where it will fasten into the studs.
- Predrill the holes and affix the spacers to the back of the peg board. Use two
 sided tape on the back of peg board spacers to assist in positioning correctly
 while fastening to the wall. Lift the peg board onto the wall and line up the
 spacers with the predrilled holes.
- Screw the 5x50mm screws through the peg board, through the spacer, and in to the wall. DO NOT OVERTIGHTEN THE SCREWS....as this could "dent" your peg board.

OPERATING INSTRUCTIONS

PLEASE NOTE THAT BEFORE USING YOUR BENCH, IT IS IMPORTANT THAT YOU UNDERSTAND THAT AFTER THE ASSEMBLY IS COMPLETE, LOCATIONS IN AND AROUND YOUR HINGES WILL CREATE PINCH POINTS.



- 1. Ensure bench is clear of all items that could interfere with the bench's range of motion and that all bolts and screws are securely fastened to the studs and the countertop.
- 2. To raise the bench, lift the bench upward until you hear the brackets click and lock into place.
- 3. To lower the bench, stand in front of the bench and use your fingers to compress the release on the end of both brackets, and then lower the bench to the wall. When you lower the bench it will fit flush against the wall.