

## **SoftSeal Mask Fitting**

It is important that the SoftSeal mask you select is the correct size to get the best seal to protect your respiratory system. Below are instructions for determining the most likely size of mask to fit your face. While this estimated size should reduce the number of masks you may need to try on, you still may find that the overall shape of your face is sealed better by a different size.

Have someone measure the distance between the bridge of your nose to the point just below your chin (See Figure 1). Select a mask suggested from the table.

| Bridge to Chin (mm) | FilterMask+ or N95 Mask Size |
|---------------------|------------------------------|
| 78-98               | Small                        |
| 90-108              | Medium                       |
| 95-118              | Large                        |
| 99-130              | X-Large                      |

| Bridge to Chin (mm) | VFold+ Mask Size |
|---------------------|------------------|
| 74-100              | Small            |
| 82-110              | Medium           |
| 97-130              | Large            |
| 100-138             | X-Large          |

