1. Drill the appropriate hole size.
2. Flip the metallic head of the FlipToggle® as shown, in order for it to be aligned and secured onto the strap.
3. Insert the FlipToggle® into the drilled hole.
4. When completely inserted, pull the strap towards you which will flip the toggle flat against the back of the wall.
5. Hold the strap towards you while pushing the cap until reasonably tightened against the wall.
6. Place your thumb on the strap next to the cap. Bend downward sharply to snap off the excess of the strap flush with the wall.
7. Insert the bolt through the fixture, into the anchor and tighten it securely to the metallic head.