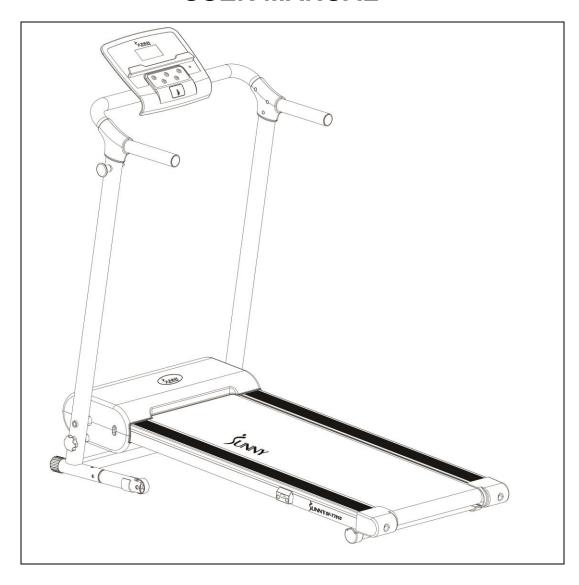


EASY ASSEMBLY FOLDING TREADMILL SF-T7610 USER MANUAL



IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US**: support@sunnyhealthfitness.com or 1-877 - 90SUNNY (877-907-8669).

IMPORTANT SAFETY INSTRUCTION

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using this treadmill.

DANGER– To reduce the risk of electrical shock:

1. Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

- 1. The treadmill should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
- 2. Use this treadmill only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 3. Never operate this treadmill if it has a damaged cord or plug, is not working properly, or has been dropped or damaged.
- 4. Keep the cord away from heated surfaces.
- 5. Never operate the treadmill with the air openings blocked. Keep the air openings free of lint, hair, and alike items.
- 6. Never drop or insert any object into any opening.
- 7. Do not use outdoors.
- 8. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- 9. To disconnect, turn the treadmill off, then remove plug from outlet.
- 10. Connect this treadmill to a properly grounded outlet only. See grounding instructions.

CAUTION:

To avoid Injury, use extreme caution when stepping onto or off the moving belt. Read instruction manual before using.

SAVE THESE INSTRUCTIONS

IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

- Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
- 2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
- 3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
- 4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 8 feet (240CM) of free space behind it and 2 feet (60CM) on each side. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
- 5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
- Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
- 7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
- 8. Do not place fingers or objects into the moving parts of the equipment.
- 9. The maximum weight capacity of this unit is 220 pounds (100 KG).
- 10. The equipment is not suitable for therapeutic use.
- 11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
- 12. Your product is intended for use in cool and dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
- 13. This equipment is designed for indoor and home use only; it is not intended for commercial use!

IMPORTANT OPERATING INSTRUCTION

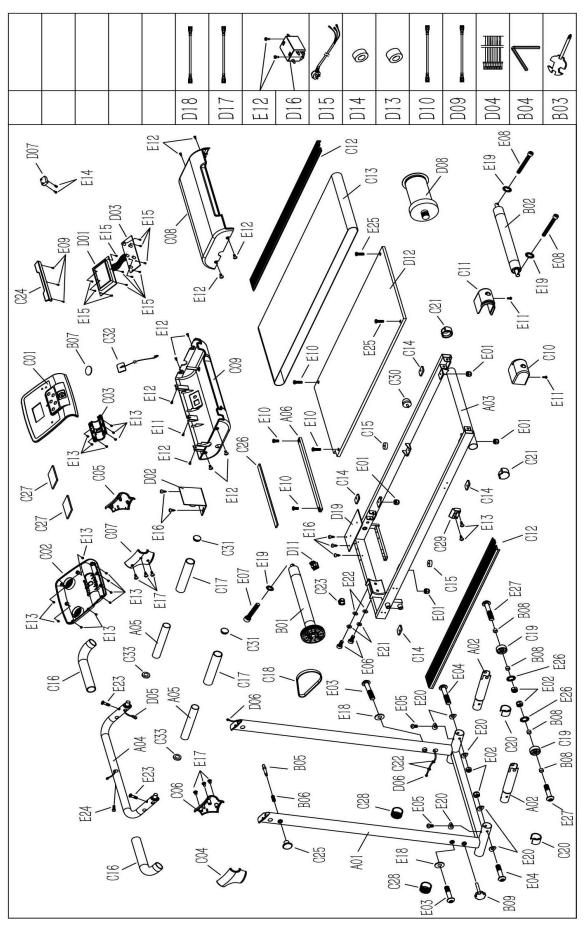
- 1. Insert the power plug directly into the socket.
- 2. Read the manual before operating the equipment.
- 3. Changes in speed do not occur immediately. Set your desired speed using the adjustment keys on the main console. The speed will increase gradually.
- 4. While on the treadmill, move with caution as distractions may cause you to lose balance and stray from walking in the center of the belt. This may result in serious injury.
- 5. This unit starts at a very low speed. To begin use, hold onto the handrails and stand on the side rails while it starts up, then step onto the belt once it's in motion.
- 6. Always hold the handrail when making changes in the settings.
- 7. A safety key is provided for emergency use. The machine will function only if the safety key is inserted into the computer console. In case of emergency, remove the safety key to immediately stop the belt and shut off the treadmill. The display screen will reset once the safety key is reinserted.
- 8. The console control keys are precisely set and require very little finger pressure to use. To avoid damaging these keys, do not use excessive pressure when operating these controls.
- 9. This equipment is designed for adult use only! Children should not be allowed to use or play near this equipment. When present, children should always be supervised by an adult.
- 10. Women who are pregnant or nursing should consult a physician before attempting to begin any exercise program.
- 11. Always stay hydrated during and after exercise.



MPORTANT NOTE:

The belt must be lubricated before the first use! Please see *Page 11* for instructions on how to properly apply lubricant.

EXPLODED DIAGRAM



PARTS LIST

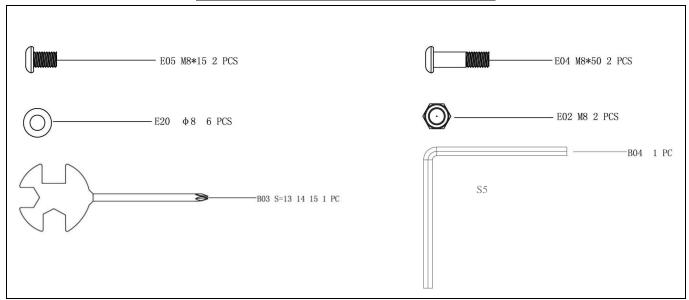
No.	Description	Specification	Qty.
A01	Base Frame		1
A02	Base Support Tube		2
A03	Main Frame		1
A04	Handrail Connecting Bracket		1
A05	Handrail Bracket		2
A06	Running Board Support Tube		1
B01	Front Roller		1
B02	Rear Roller		1
B03	Spanner w/ Screw Driver	S=13, 14, 15	1
B04	Allen Wrench	S5	1
B05	Locking Pin Iron		1
B06	Pressure Spring	φ10.5*30	1
B07	Safety Key Plate	φ20*0.3	1
B08	Transport Wheel Bushing	φ11*φ8.5*7	4
B09	Lock Knob	φ45*62*M10	1
C01	Console Top Cover		1
C02	Console Bottom Cover		1
C03	Console Rotate Cover		1
C04	Left Upright Tube Cover		1
C05	Right Upright Tube Cover		1
C06	Left Upright Tube Inside Cover		1
C07	Right Upright Tube Inside Cover		1
C08	Motor Top Cover		1
C09	Motor Bottom Cover		1
C10	Left Rear Cover		1
C11	Right Rear Cover		1
C12	Side Rail		2
C13	Running Belt		1
C14	Rubber Cushion		4
C15	Blue Cushion		2
C16	Foam		2
C17	Foam		2
C18	Motor Belt		1
C19	Transportation Wheel		2
C20	C Shape Foot Pad		2
C21	C Shape Foot Pad		2
C22	Ring Protecting Wire Plug		2
C23	Power Wire Buckle		1
C24	Plastic Holder		1
C25	Locking Pin		1

No.	Description	Specification	Qty.
C26	Rubber Cushion		1
C27	EVA Cushion 2		2
C28	Tube Plug		2
C29	Fixed Block		1
C30	Cushion		1
C31	Inner Cap		2
C32	Safety Key		1
C33	Rubber Cushion		2
D01	Console Display		1
D02	Control Board		1
D03	Keyboard		1
D04	Connection Line	100mm	1
D05	Console Upper Wire	650mm	1
D06	Console Lower Wire	1600mm	1
D07	Speed Sensor	200mm	1
D08	DC Motor		1
D09	AC Single Line	Blue 200mm	1
D10	AC Single Line	Blown 200mm	1
D11	Power Switch		1
D12	Running Board		1
D13	Magnetic Ring		1
D14	Magnetic Core		1
D15	Power Wire	2150mm	1
D16	Filter		1
D17	AC Single Line	350mm	1
D18	AC Single Line	350mm	1
D19	Filter Connecting Board		1
E01	Nut	M6	4
E02	Nut	M8	4
E03	Bolt	M10*60	2
E04	Bolt	M8*50	2
E05	Bolt	M8*15	2
E06	Bolt	M8*15	2
E07	Bolt	M6*45	1
E08	Bolt	M6*55	2
E09	Bolt	ST2.6*8	3
E10	Bolt	M6*28	4
E11	Bolt	M5*12(including washer)	3
E12	Bolt	M5*8(including washer)	12
E13	Screw	ST4.2*12	17

No.	Description	Specification	Qty.
E14	Screw	ST2.9*8	2
E15	Screw	ST2.9*6	11
E16	Screw	ST4.2*12	5
E17	Screw	ST3.5*10	6
E18	Big Washer C	ö26*ö10*2.0	2
E19	Washer	Ф6	3
E20	Washer	Ф8	6

No.	Description	Specification	Qty.
E21	Spring Washer	Ф8	2
E22	Flat Washer C	Ф8	2
E23	Bolt	M8*48	2
E24	Bolt	M6*15	1
E25	Bolt	M6*25	2
E26	Washer	Ф8	2
E27	Bolt	M8*48	2

HARDWARE PACKAGE



Ordering Replacement Parts (U.S. and Canadian Customers only)

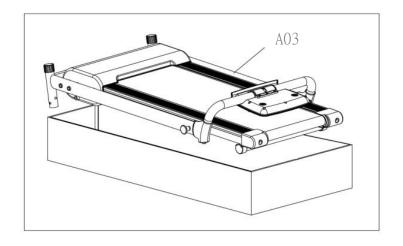
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the "EXPLODED DIAGRAM" and "PARTS LIST" (found near the front of the manual

Please contact us at support@sunnyhealthfitness.com or 1-877 - 90SUNNY (877-907-8669).

ASSEMBLY INSTRUCTIONS

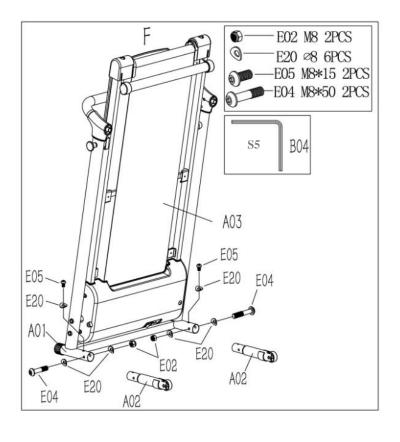
We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 1:

Note: We recommend having two people to do the assembly.

Open the carton box, take out the contents, and place the **Main Frame** (No. A03) on leveled ground.



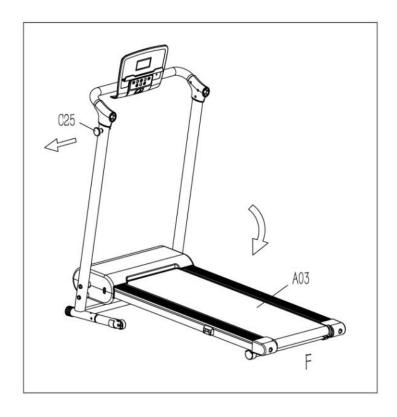
STEP 2:

Note: Support **Main Frame (No. A03)** at position "**F**" with one hand to prevent it from falling during assembly.

Attach the 2 Base Support Tubes (No. A02) to Base Frame (No. A01). Use Allen Wrench (No. B04) to screw the 2 Bolt (No. E04), 4 Arc Washer (No. E20), and 2 Nut (No. E02) into the Base Frame (No. A01).

Screw the 2 Bolt (No. E05) and 2 Arc Washer (No. E20) into both sides of the Base Frame (No. A01).

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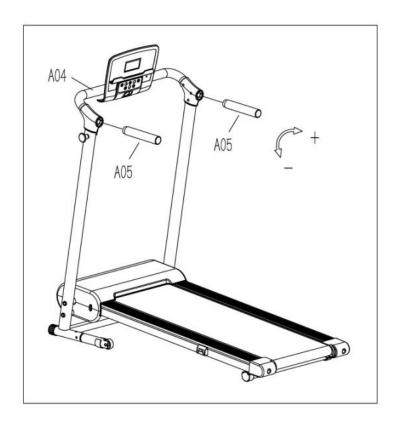


STEP 3:

To avoid any possible injury, please hold on to the Main Frame (No. A03) at position "F" before you pull the Locking Pin (No. C25) and ensure that the space directly underneath it is clear of any objects. Once the Main Frame (No. A03) is released, please continue to hold on until it reaches the floor.

Pull the Locking Pin (No. C25) and lower the Main Frame (No. A03) to the floor.

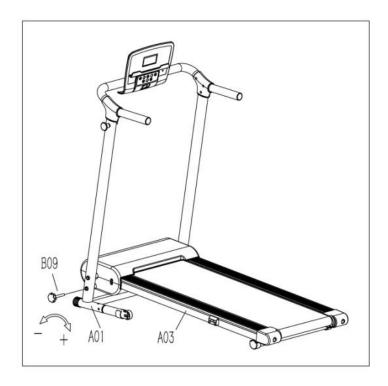
Note: The Locking Pin (No. C25) will snap back into the treadmill. It does not detach from the treadmill.



STEP 4:

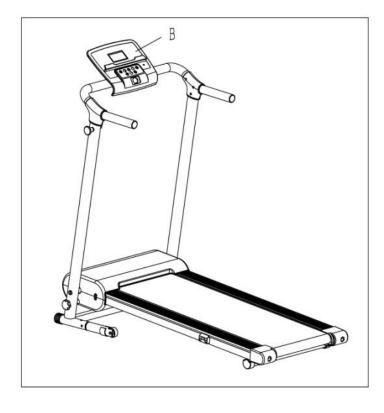
Attach the Handrail Brackets (No. A05) into Handrail Connecting Bracket (No. A04) by turning clockwise.

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 5:

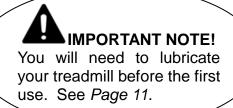
Insert Lock Knob (No. B09). Secure the Base Frame (No. A01) to Main Frame (No. A03) by turning Lock Knob (No. B09) clockwise until tight.



STEP 6:

Turn the **Console Display (No. B)** to a right angle.

The assembly is complete!



MAINTENANCE & CARE

General cleaning will help prolong the life and performance of your treadmill. Keep the unit clean and maintained by dusting the components on a regular basis. Clean both sides of the **Running Belt (No. C13)** to prevent dust from accumulating underneath. Keep your running shoes clean so that dirt from your shoes does not wear out the **Running Board (No. D12)** and **Running Belt (No. C13)**. Clean the surface of the **Running Belt (No. C13)** with a clean, damp cloth.

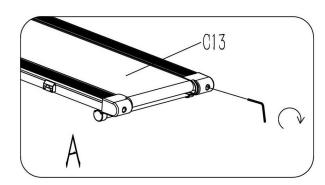
To better maintain the treadmill and prolong its life, it is suggested that the treadmill be powered off for 10 minutes every 2 hours and fully powered off whenever not in use.

A loose Running Belt (No. C13) will result in the runner sliding off when running, while too tight of a Running Belt (No. C13) will negatively affect the motor's performance and create more friction between the roller and Running Belt (No. C13). The most suitable tightness for the Running Belt (No. C13) is pulled out 50-75mm from the Running Board (No. D12).

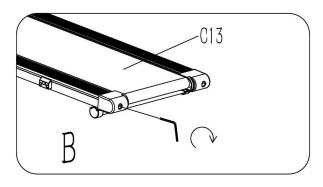
CENTERING THE RUNNING BELT:

Place the treadmill on level ground and set it at 3-5mph to check if the Running Belt (No. C13) drifts.

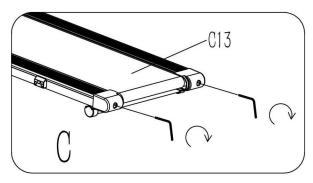
1. If the Running Belt (No. C13) moves to the right, turn the adjusting bolt on the right side ¼ turn *clockwise*, then turn the left adjustment bolt ¼ turn *counter-clockwise*. If the Running Belt (No. C13) does not move, repeat this step until it centers. Refer to Figure A.



2. If the Running Belt (No. C13) moves to the left, turn the adjusting bolts on the left side ¼ turn *clockwise*, then turn the right adjustment bolt ¼ turn *counter-clockwise*. If the Running Belt (No. C13) does not move, repeat this step until it centers. Refer to Figure B.



3. Over time, the Running Belt (No. C13) will loosen. To tighten the Running Belt (No. C13) turn the Left & Right side adjustment bolts one full turn clockwise, check the tension of the Running Belt (No. C13). Continue this process until Running Belt (No. C13) is at the correct tension. Make sure to adjust both sides equally to ensure correct belt alignment. Refer to Figure C.



LUBRICATING THE TREADMILL

IMPORTANT NOTE:

You will need to lubricate your treadmill before the first use.

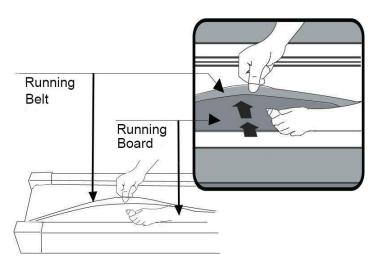
RUNNING BELTS & TREADMILL LUBRICANT:

Lubricating the Running Board (No. D12) and Running Belt (No. C13) is essential as the friction between the two affects the life span and function of the treadmill. It is suggested that the Running Board (No. D12) and Running Belt (No. C13) be inspected regularly. Should you find any wear on the Running Board (No. D12), please contact us at:support@sunnyhealthfitness.com.

WARNING: Always unplug the treadmill from the electrical outlet before cleaning, lubricating, or repairing the unit.

HOW TO LUBRICATE:

- 1. Raise the **Running Belt (No. C13)** up on one side and apply lubricant to the **Running Board (No. D12)**. Use a rag to thoroughly wipe the lubricant over the **Running Board (No. D12)**. Repeat this process for the other side.
- 2. The moving parts should turn freely and quietly. Abnormal moving parts will affect the safety of the equipment. Inspect and tighten bolts regularly.
- 3.To better maintain the treadmill and prolong its lifespan, it is suggested that maintenance be done on a regular basis.
- 4. A loose Running Belt (No. C13) will result in the runner sliding off during use, while too tight of a Running Belt (No. C13) will negatively affect the motor's performance and create more friction between the roller and Running Belt (No. C13). The most suitable tightness for the Running Belt (No. C13) is pulled out 50-75mm from the Running Board (No. D12).



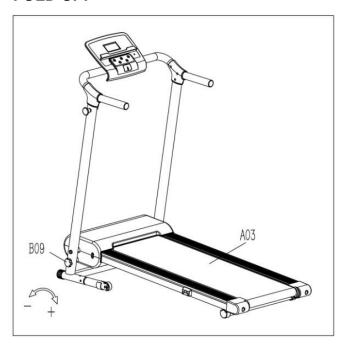
The following time table is recommended:

Light user (less than 3 hours/ week)
Medium user (3-5 hours/ week)
Heavy user (more than 5 hours/ week)

every six months every three months every two months

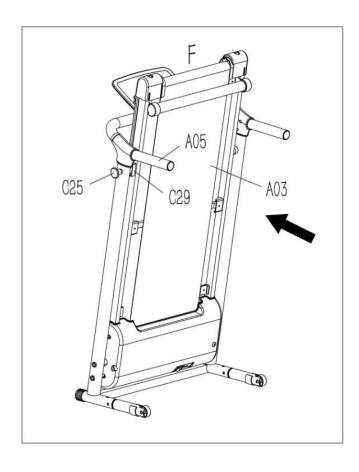
FOLDING INSTRUCTIONS

FOLD UP:



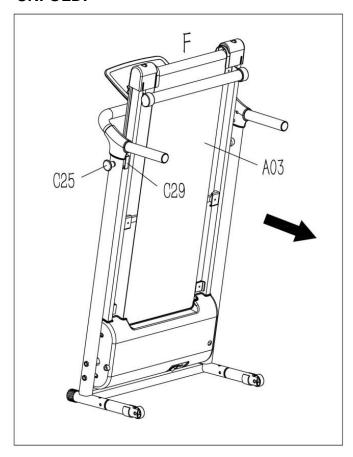
Loosen the Lock Knob (No. B09) counterclockwise and pull it out. Fold up the Main Frame (No. A03).

Note: Remember where you keep the **Lock Knob (No. B09)** after you pull it out. You will need it when you unfold the treadmill.



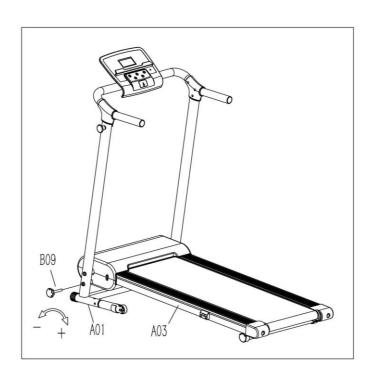
Pull out the Locking Pin (No. C25) with one hand, then lift up the Main Frame (No. A03) at position "F" with the other hand until the Locking Pin (No. C25) snaps into the hole of Fixed Block (No. C29).

UNFOLD:



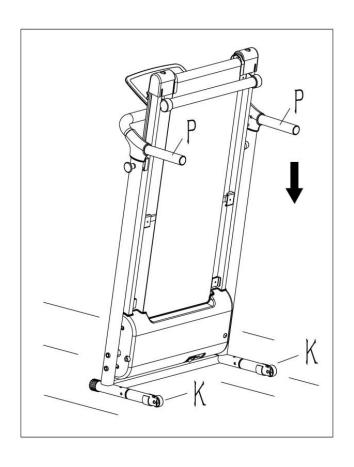
Note: Before lowering the **Main Frame (No. A03)**, ensure that the space directly underneath is clear of any objects.

To avoid any possible injury, please hold the Main Frame (No. A03) at position "F" before you pull the Locking Pin (No. C25). Once the Main Frame (No. A03) is released, continue to hold on at position "F" until it reaches the floor.



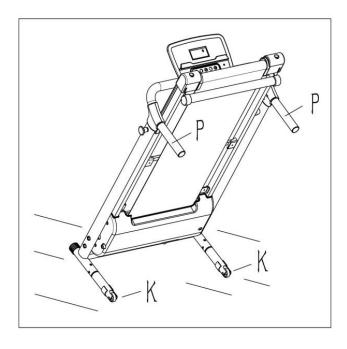
Secure Base Frame (No. A01) into Main Frame (No. A03) by inserting Lock Knob (No. B09) and turning clockwise until tight.

HOW TO MOVE THE MACHINE



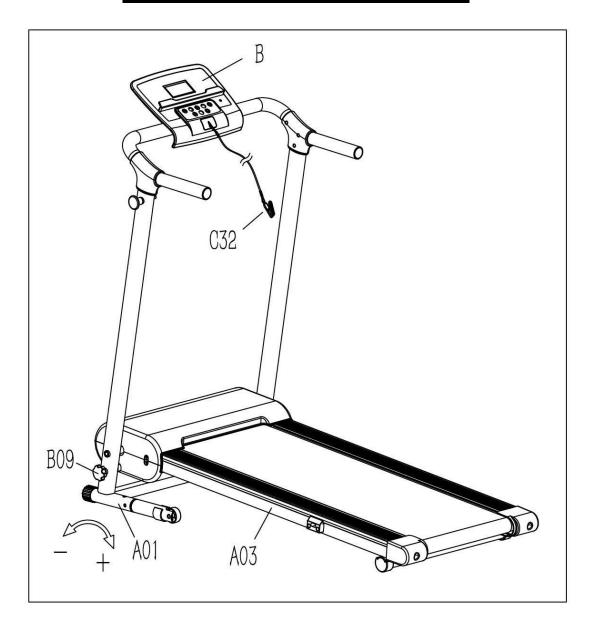
Before attempting to move the treadmill, make sure that it has been properly folded. Unplug the power cord.

To tilt, start by placing one hand at position "P" to support the top end of the treadmill. Next, place one foot at position "K" to hold the bottom end of the treadmill steady. With your foot at "K", slowly tilt the top of the treadmill downward towards the ground. Once the Main Frame "P" reaches a low enough point, the wheels of the treadmill touch the ground.



To transport, hold the treadmill from position "P" and tilt until the wheel's "K" are able to move on the ground.

HOW TO USE SAFETY KEY



Insert the **Safety Key (No. C32)** into the magnetic area of the **Console Display (No. B)** and clip to your clothes.

Note: In an emergency, pull out the **Safety Key (No. C32)**, and the treadmill will stop.

IMPORTANT ELECTRICAL INFORMATION

WARNING: This treadmill requires a power source of **8 amps (100-120 V)** in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging the equipment. Any power source above or below this level could cause significant damage to the equipment and or user.

GROUNDING METHODS:

This product must be grounded. Grounding provides the least resistance for electrical current and will reduce the risk of electric shock. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. Ensure that the product is connected to an outlet which contains the same configuration as the plug. Do not use an adaptor for this product.

This product is for use on a nominal 100-120V circuit and has a grounding plug that looks like the plug illustrated in sketch A. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

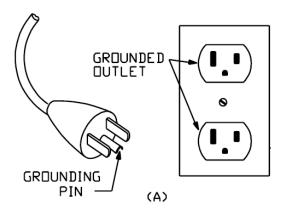
DANGER:

Improper connection of the equipment-grounding conductor can result in risk of electric shock. Check with a certified electrician if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by an electrician.

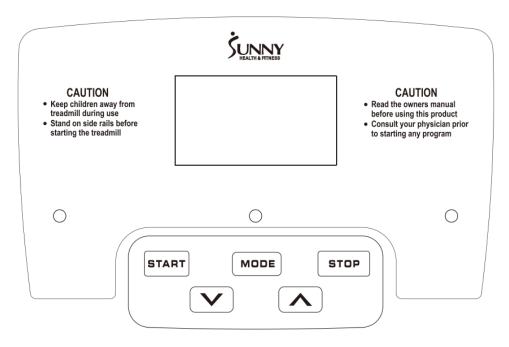
WARNING!

- 1. NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transportation wheels.
- 2. NEVER operate the treadmill using a generator or UPS power supply.
- 3. NEVER remove any cover without first disconnecting AC power.
- 4. NEVER expose the treadmill to rain or moisture. This treadmill is not designed for use outdoors, near pools, or in any other high humidity environment.

GROUNDING METHOD



THE DISPLAY CONSOLE



DISPLAY

SPEED: Displays current speed (range 0.5-6.5MPH). When in setting mode, the window displays H-1, H-2, H-3.

TIME: Displays running time. If the time reaches 99:59, the treadmill will stop smoothly and display "End" and will enter standby mode after 5 seconds. When in countdown mode, it will count from the setting time to 0:00. When down to 0:00, the treadmill will stop smoothly and show "End", and will enter standby mode after 5 seconds.

DISTANCE: Displays the distance traveled (range 0.0-99.9 MILES). When the clock reaches 99.9, it will reset to 0.00 and begin counting again from 0.0. When in countdown mode, it will count down from the distance you set to 0.00. When it reaches 0.00, the treadmill will stop smoothly and display "End", then enter standby mode after 5 seconds.

CALORIES: Displays user's calories burned (range 0-999 calories). When it reaches 999, it will start again from 0. In countdown mode, it will count from the number of calories you set to 0. When it reaches 0, the treadmill will stop smoothly and show "End", and then enter standby mode after 5 seconds.

FUNCTION KEYS

START: To start the treadmill, insert the magnet end of the safety key into the computer console then press the START button. This treadmill requires the Safety Key in order to start. 0.5 MPH is the default start speed.

STOP: This button can **PAUSE** and **STOP**. When in use, press this button once to PAUSE your workout and the current workout data will still be shown. Press STOP again to end your workout session and all data from this session will be deleted.

MODE: When the treadmill is stopped, press this button to select a MODE. Pressing once will enter H1, the <u>TIME</u> countdown mode starting from 15:00 MINS. H2 is the <u>DISTANCE</u> countdown mode starting from 1.00 MILE and H3 is the <u>CALORIES</u> countdown mode which starts from 50 KCAL. When setting each mode, you can press +/- to increase or decrease the preset H1, H2, H3 settings then press START to start the treadmill. You cannot set the mode when the treadmill is moving or when it is paused.

SPEED +/ SPEED -: Press the SPEED +/- buttons to increase or decrease the speed in increments of 0.1 MPH. Pressing and holding either of these buttons for a duration of over 0.5 second will increase or decrease the speed continually.

PROGRAMS	Initial	Default Value	Set Range	Display Range
TIME(MIN:SECOND)	0:00	15:00	5:00-99:00	0:00-99:59
SPEED(MPH)	0.5	0.5	0.5-6.5	0.5-6.5
DISTANCE(MILE)	0	1.0	0.5-99.9	0.0-99.9
CALORIE(KCAL)	0	50	10-999	0-999

LUBRICATION REMINDER

Your treadmill needs lubrication maintenance every 188 miles. The treadmill beeps every 10 seconds and displays an "OIL" icon on your LCD display to remind you when it's time. Please read the LUBRICATING THE TREADMILL on Page 11 to learn the proper steps to lubricating your treadmill. Apply the lubricating oil to the middle of the running board on both sides. After application, press and hold the STOP button for 3 seconds to clear the reminder.

TREADMILL FUNCTIONS

SAFETY LOCK FUNCTION:

Remove the **Safety Key (No. C32)** from the computer console while the treadmill is running, and the treadmill will stop immediately. Once the treadmill reaches a full stop, the display will show "- - -" and the buzzer will beep 3 times. To start the treadmill again, insert the magnet end of the **Safety Key (No. C32)** into the computer console and press the START button.

POWER SAVING FUNCTION:

When the treadmill has been idle for 10 minutes, it will enter Power Saving Mode. While the treadmill is in this mode, the display will be turned off. To turn it back on, press any button.

POWER ON:

Flick the power switch to this symbol to turn on the treadmill.

OPOWER OFF:

Flick the power switch to this symbol to turn the treadmill off at anytime, including while the treadmill is in use.

SAFETY NOTE:

We recommend that you maintain a slow speed at the beginning of a session and hold the handrails until you become familiar with the treadmill.

Insert the magnet end of the **Safety Key (No. C32)** into the computer console and clip the safety clip to your clothing before starting your workout. To end your workout, press the STOP button or remove the **Safety Key (No. C32)** and the treadmill will stop immediately.

TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	SUGGESTED ACTION
Treadmill will not start	Not plugged in.	Plug cord into outlet.
	Safety Key not inserted.	Insert Safety Key.
	Not calibrated correctly.	Re-calibrate speed setting.
Running speed inaccurate	Speed set in the wrong units of measurement.	Change setting to proper units.
Running belt not centered	Running belt tension is not correct on the left or right sides of the running board.	Tighten the adjustment bolts on the left and right side of the rear roller.
Computer not working	Wires from the computer and bottom control board not properly connected.	Check wire connections From the computer to the control board.
Computer not working	Transformer is damaged.	If the transformer is damaged, contact customer service.
E01: Message failure	Wires from the computer and bottom control board not properly connected.	Check wire connections from the computer to the control board.
E02: Burst clash protection	Incoming voltage is lower than 50% of the required voltage.	Check that the incoming power supply is the correct voltage.
E03: No speed sensor signal	Speed sensor signal cannot be received by the control board.	Check that the sensor wire is properly connected. If damaged, replace wire. Check to see if the magnetic sensor is damaged, replace if necessary.
EOE: Current everleed	The incoming voltage is too low or too high. The control board is damaged.	Restart the treadmill. Check the incoming voltage to ensure its correct. Check the control board, replace if damaged.
E05: Current overload protection (Self Protecting System)	A moving part of the treadmill is stuck and therefore, the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Check the motor, listen for strange noise and check for a burning smell. Replace the motor if necessary.

E06: Motor Abnormality	The motor wire is not connected, or the motor is damaged.	Check motor wires to see if the motor is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the motor.
E08: Control Board Abnormality	The control board is not connected.	Check the upper and middle wires to see if the control board is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.
	Motor is short-circuited.	Replace with a new motor.
E10: Motor Abnormality	A moving part of the treadmill is stuck and therefore, the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly and lubricate treadmill. Replace the motor if necessary.

NOTE: If you are unable to resolve an issue using the troubleshooting guide above, please contact Customer Service at support@sunnyhealthfitness.com