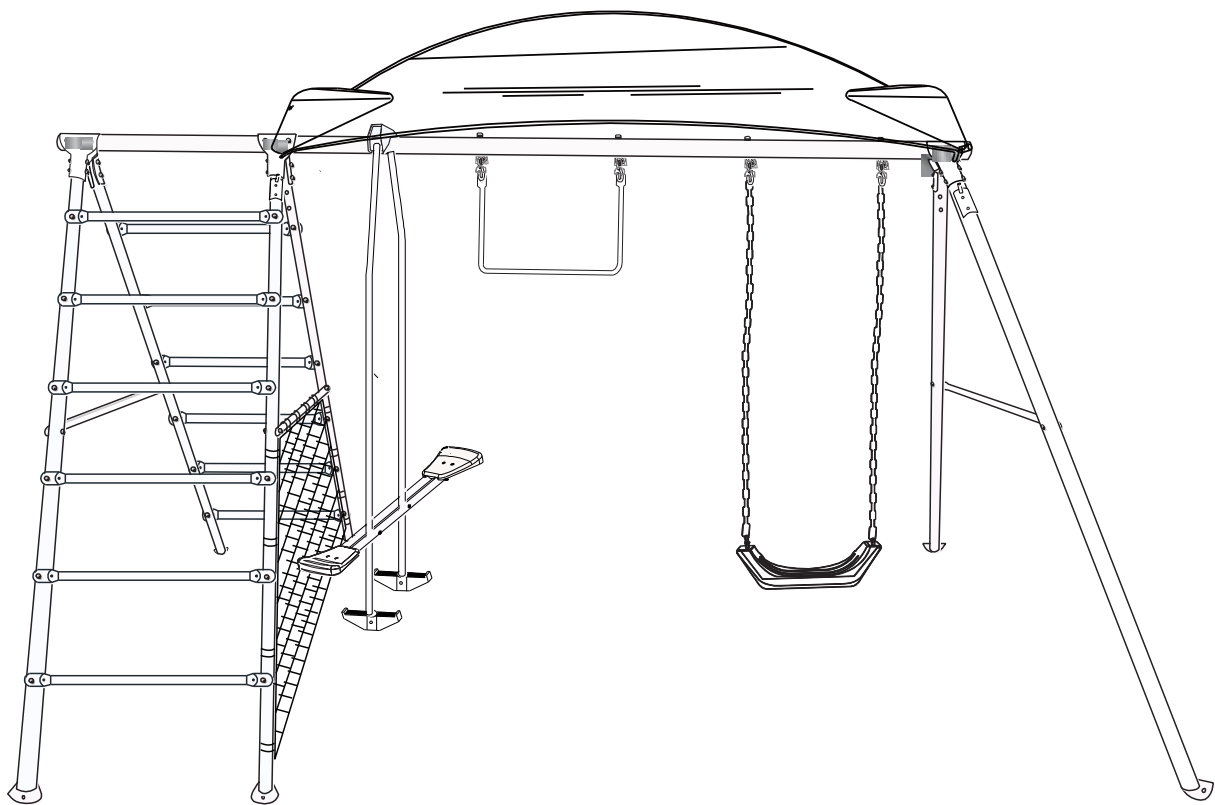


IRONKIDS™ fitnessplayground



FITNESS PLAYGROUND

ITEM NO: 8010



OWNER'S MANUAL

CAUTION: This unit is designed to be used safely by up to 4 children between the ages of 3 years to 8 years old with a maximum weight of 100 pounds (45.4 kgs) each, simultaneously, not to exceed a combined weight of 400 pounds (181.6 kgs).

The specifications of this product may vary from this photo and are subject to change without notice. IRONMAN, IRONMAN TRIATHLON and M-DOT are registered trademarks of World Triathlon Corporation. This product is licensed by the IRONMAN TRIATHLON.

IMPORTANT: FOR NORTH AMERICA ONLY

To request product service and order replacement parts, please call our customer service department at:

1-866-924-1688

Monday through Friday, 8:00 AM-5:00 PM Pacific Standard Time,

or email us at: **service@paradigmhw.com**

Please visit our website at www.paradigmhw.com.

Please have the following information ready when requesting for service:

Your name

Phone number

Model number

Serial number

Part number

Proof of Purchase

***Before returning this product to the store please contact customer service at the contact number.**

Paradigm Health & Wellness, Inc.

1189 Jellick Ave.

City of Industry, CA 91748, USA

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MANUFACTURER’S LIMITED WARRANTY (IRONKIDS FITNESS PLAYGROUND)

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has be installed and operated in accordance with Paradigm’s Owner’s Manual. Paradigm’s obligation under this warranty applies to the following:

<u>COMPONENT</u>	<u>LENGTH OF WARRANTY</u>
Structural Frame	Lifetime (1)
All Other Components	180 days (2)

This warranty does not include damage caused by normal wear and tear, weather corrosion, misuse, commercial use or improper operation. Paradigm will replace free of charge any parts which may prove to be defective under normal home use. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by calling or emailing our customer service department
service@paradigmhw.com
1-866-924-1688

Monday through Friday, 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

- 1. Owner’s Manual**
- 2. Model Number**
- 3. Description of Parts**
- 4. Part Number**
- 5. Date of Purchase**

IMPORTANT SAFETY PRECAUTIONS

Read all instructions carefully before assembling operating this product. Retain this owner's manual and keep the original purchase receipt for future reference.

1. Before you assemble the Fitness Playground, find level ground not less than 6 feet from any structure or obstruction to the Fitness Playground. Your Fitness Playground must have clearance on all sides.
2. To prevent serious injury, do not allow children to play on the Fitness Playground until it is completely installed.
3. Do not install the Fitness Playground over concrete, packed dirt, or any other hard surface. A fall onto a hard surface can result in serious injury or death to the user.
4. Only adults should assemble or disassemble this Fitness Playground.
5. This product must be anchored.
6. Adult supervision of children is required at all times when on or around this Fitness Playground. Never leave children unattended.
7. Do not swing too high or at an angle.
8. Do not hang on or climb from structural members of the Fitness Playground.
9. Do not exceed the intended weight limit or maximum number of users for the Fitness Playground.
10. This product is intended to be used by children between the ages of 3-8 years old.
11. Be sure to observe your children and insure that they have the strength and skills to enjoy all the rides safely before use on their own.
12. Do not allow children to walk close to, behind, or in front of moving items.
13. Do not allow children to twist the chains on the swing or loop them over the top bar. This may reduce the strength of the chain.
14. Teach and instruct children not to swing empty seats.
15. Instruct children how to sit in the center of the seats and swing with their full weight on the seat.
16. Warn children not to use the equipment in any manner other than intended.
17. Warn children not to get off the rides while in motion.
18. Warn children to dress appropriately. Loose fitting clothing is potentially hazardous when using the Fitness Playground.
19. Equipment may be slippery when wet. Do not allow children to use the equipment when wet.
20. Parents should regularly check openings and surfaces, such as slides, for items that may be hazardous.
21. Parents should check swing chains to insure they are secure and can not be looped back on themselves.
22. Do not place any part of the body near moving parts.
23. Never slide head first down the slide.
24. Ensure that all swings and chains are secured at both ends.
25. Never attach any materials that are not specifically designed for use with this swing set, such as jump ropes, pet leashes, rope or cords and other chains as these pose a potential strangulation hazard.
26. Children must be supervised at all times. No playground is safe without adult supervision.

Play Ground Rules

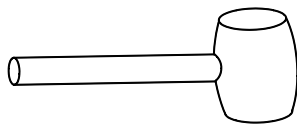
1. Do not use equipment when wet.
2. No running, pushing, shoving, or roughhousing.
3. Do not use play equipment before reading manual.
4. Always wear proper footwear.

CARE AND MAINTENANCE

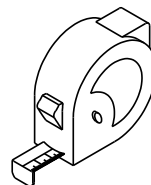
Check all nuts and bolts by monthly during the usage season for tightness and tighten as required. It is particularly important that all nuts and bolts are checked prior to the first use each season.

TOOLS REQUIRED FOR ASSEMBLY

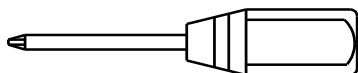
Please prepare the following tools prior to assemble this equipment.



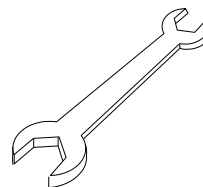
Hammer



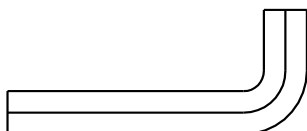
Tape Measure



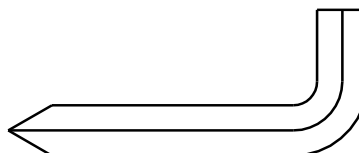
Phillips Screwdriver



Wrench 13x10mm
(Included)



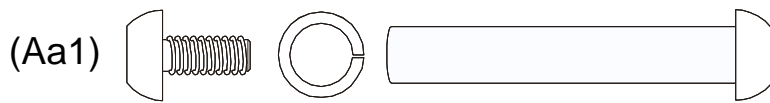
Allen Wrench M5
(Included)



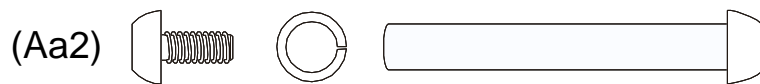
Allen Wrench with Phillips Screwdriver M5
(Included)

HARDWARE FOR ASSEMBLY

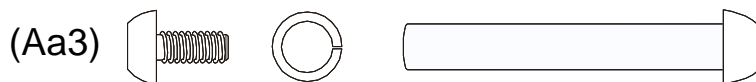
Hardware used for main frame assembly



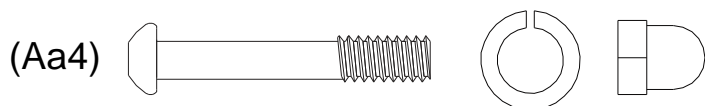
Binder Post & Bolt Set (Preassembled)
M8x15 Bolt
Ø10x52 Sleeve Nut
6 SETS



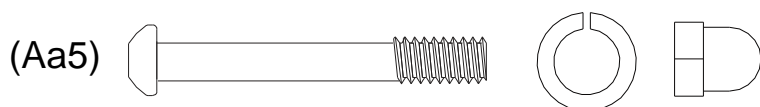
Binder Post & Bolt Set (Preassembled)
M6x12 Bolt
Ø8x45 Sleeve Nut
6 SETS



Binder Post & Bolt Set
M6x12 Bolt
Ø8x40 Sleeve Nut
8 SETS (Preassembled on the Top Bar and Legs Support)
28 SETS (Packed in the PE Bag)

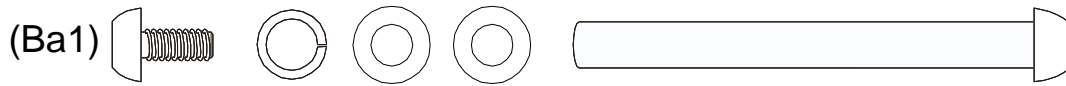


M6x47 Bolt Set (Preassembled)
4 SETS

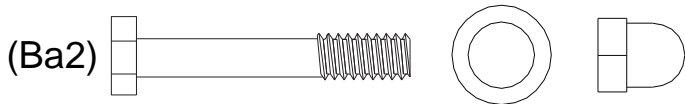


M6x55 Bolt Set (Preassembled)
4 SETS

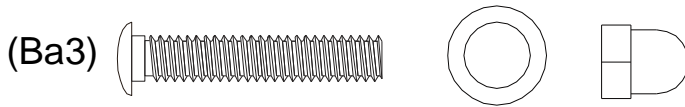
Hardware used for glider assembly



Binder Post & Bolt Set (Preassembled)
M6x12 Bolt
Ø8x73 Sleeve Nut
2 SETS



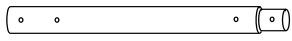
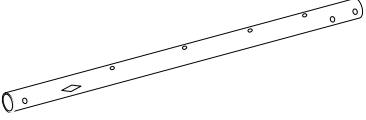
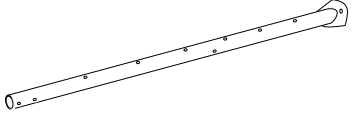
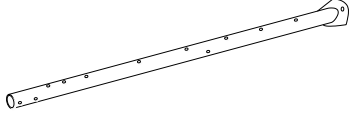
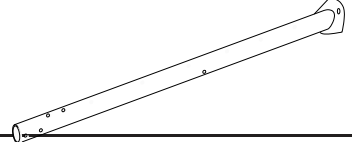
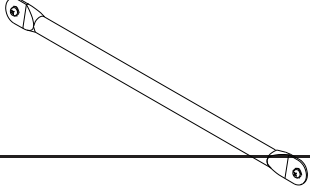
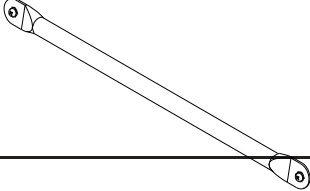
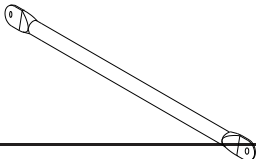

M6x40 Bolt Set (Preassembled)
2 SETS

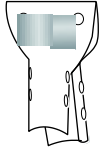
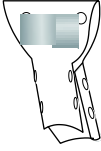
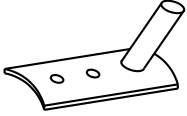
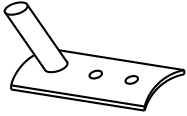
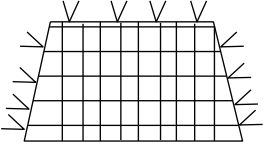


M6x38 Bolt Set (Preassembled)
4 SETS




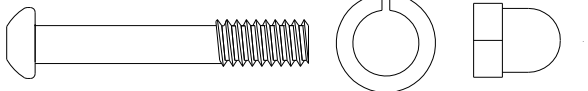
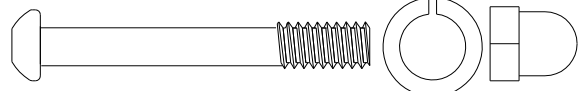
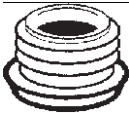


PARTS NUMBERS AND ILLUSTRATIONS

Parts used for main frame assembly

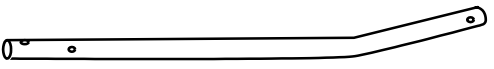

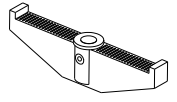


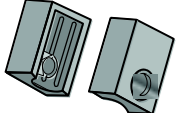
A1		Top Bar	1 PC
A2		Top Bar	1 PC
A3		Climber Leg	2 PCS
A4		Climber Leg	2 PCS
A5		Leg (Two legs are labeled A and B.)	2 PCS
A6		Cross Bar	2 PCS
A7		Cross Bar	1 PC
A8		Climbing Bar	12 PCS
A9		Ground Anchor	6 PCS

A10		Top Bar and Climber Legs Support	2 PCS
A11		Top Bar and Legs Support (Two sides are labeled A and B.)	1 PC
A12		Plastic Stick Holder	2 PCS
A13		Plastic Stick Holder	2 PCS
A14		Protective Net	1 PC


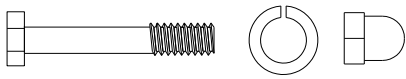
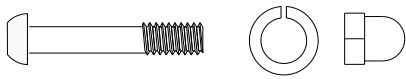
Hardware used for main frame assembly

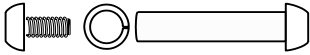
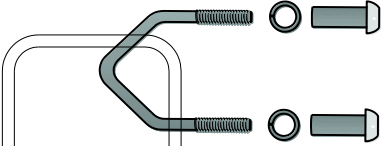
Aa1		Binder Post & Bolt Set (Preassembled) M8x15 Bolt Ø10x52 Sleeve Nut	6 SETS
Aa2		Binder Post & Bolt Set (Preassembled) M6x12 Bolt Ø8x45 Sleeve Nut	6 SETS
Aa3		Binder Post & Bolt Set M6x12 Bolt Ø8x40 Sleeve Nut 8 SETS (Preassembled on the Top Bar and Legs 28 SETS (Packed in the PE Bag)	36 SETS
Aa4		M6x47 Bolt Set (Preassembled)	4 SETS
Aa5		M6x55 Bolt Set (Preassembled)	4 SETS
Aa6		Cap for Top Bar A1 & A2 (Preassembled)	2 PCS
Aa7		Cap for Legs (Preassembled)	4 PCS
Aa8		Cap for Legs (Preassembled)	2 PCS

Parts used for glider assembly

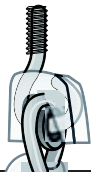
B1		Glider Vertical Pole	2 PCS
B2		Glider Horizontal Pole	2 PCS
B3		Foot Rest	2 PCS
B4		Glider Seat	2 PCS
B5		Glider Attachment	1 PC
B6		Glider Vertical Pole Cap	2 SETS

Hardware used for glider assembly

Ba1		Binder Post & Bolt Set (Preassembled) M6x12 Bolt Ø8x73 Sleeve Nut	2 SETS
Ba2		M6x40 Bolt Set (Preassembled)	2 SETS
Ba3		M6x38 Bolt Set (Preassembled)	4 SETS

Ba4		Binder Post & Bolt Set (Preassembled) M6x12 Bolt Ø8x40 Sleeve Nut	2 SETS
Ba5		Bolt Set M8 Bolt Ø10x30 Sleeve Nut	1 SET

Parts used for trapeze assembly

T1		Trapeze Tube	1 PC
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Hardware used for trapeze assembly

Ta1		Ø10x30 Sleeve Nut Set (Preassembled)	2 SETS
Ta2		Eye Bolt Set (Preassembled)	2 SETS



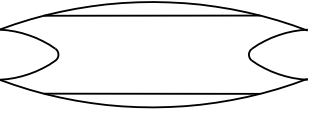

Parts used for swing seats assembly

J1		Swing Ring	2 PCS
J2		Swing Seat	1 PC

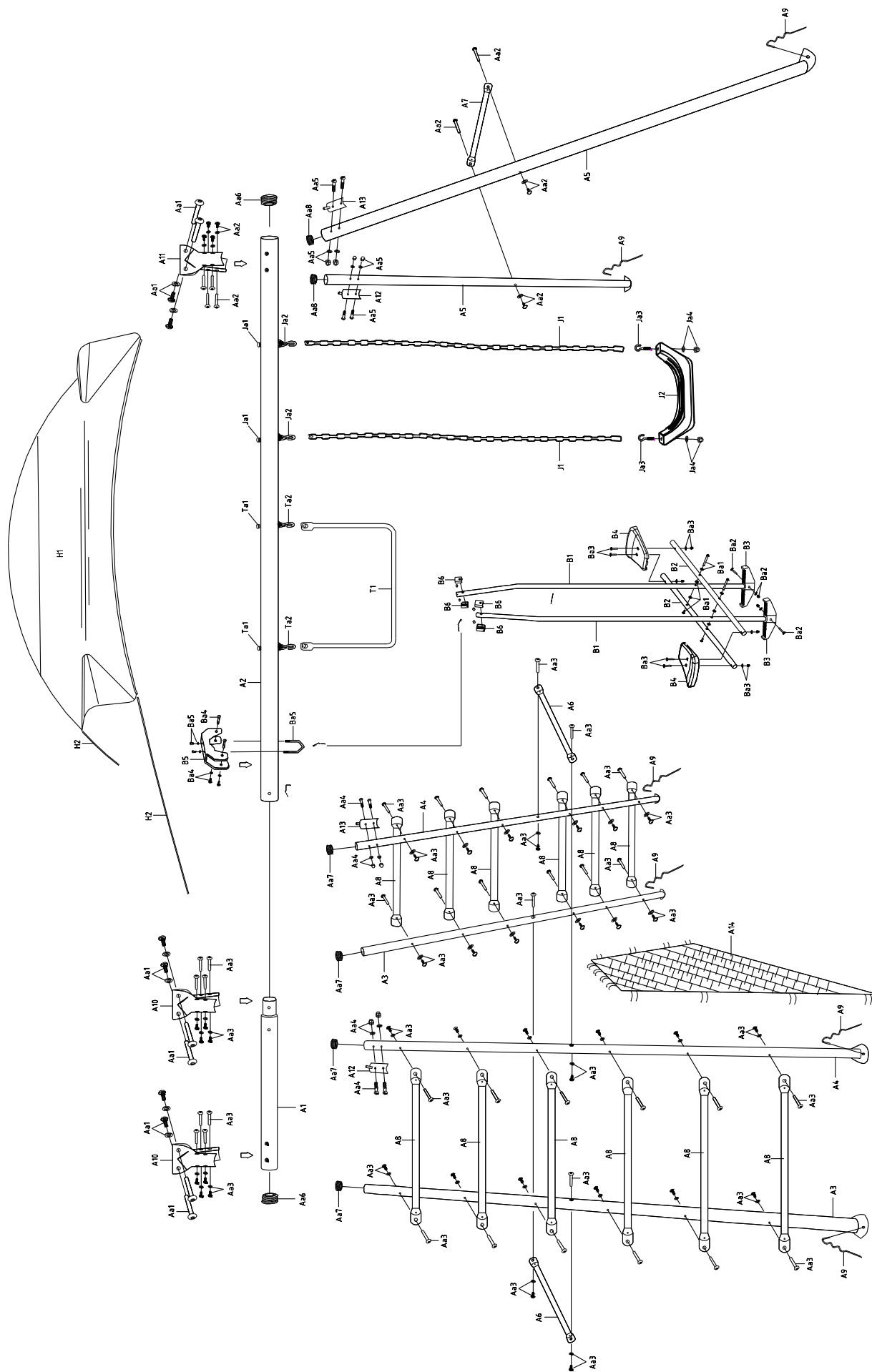
Hardware used for swing seats assembly

Ja1		Ø10x30 Sleeve Nut Set (Preassembled)	2 SETS
Ja2		Eye Bolt Set (Preassembled)	2 SETS
Ja3		Screw Hook (Preassembled)	2 PCS
Ja4		Screw Hook Cap Set	2 SETS

Parts used for shade assembly

H1		Sunshade	1 PC
H2		Plastic Stick	2 PCS

OVERVIEW DRAWING



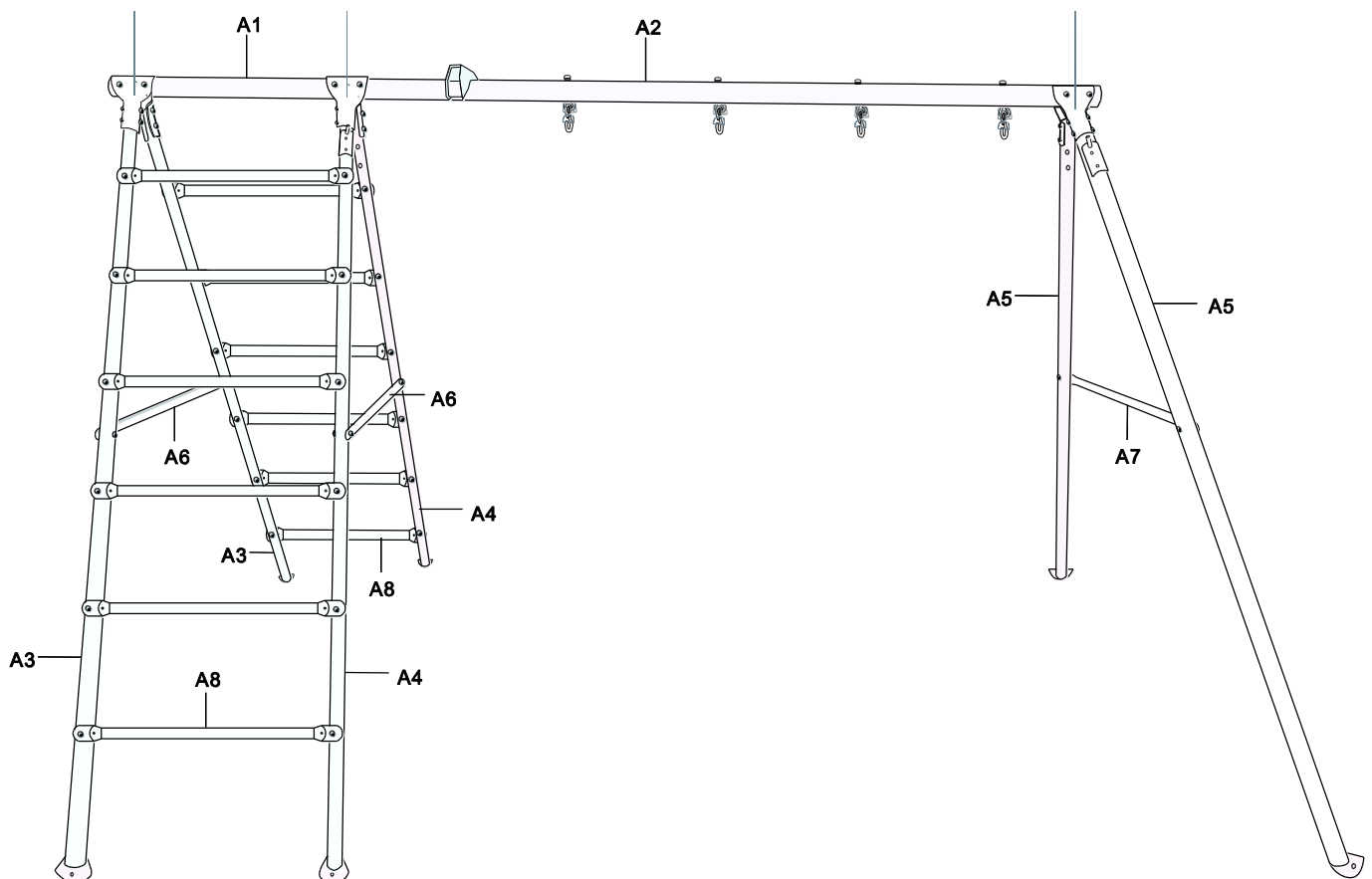
ASSEMBLY INSTRUCTIONS

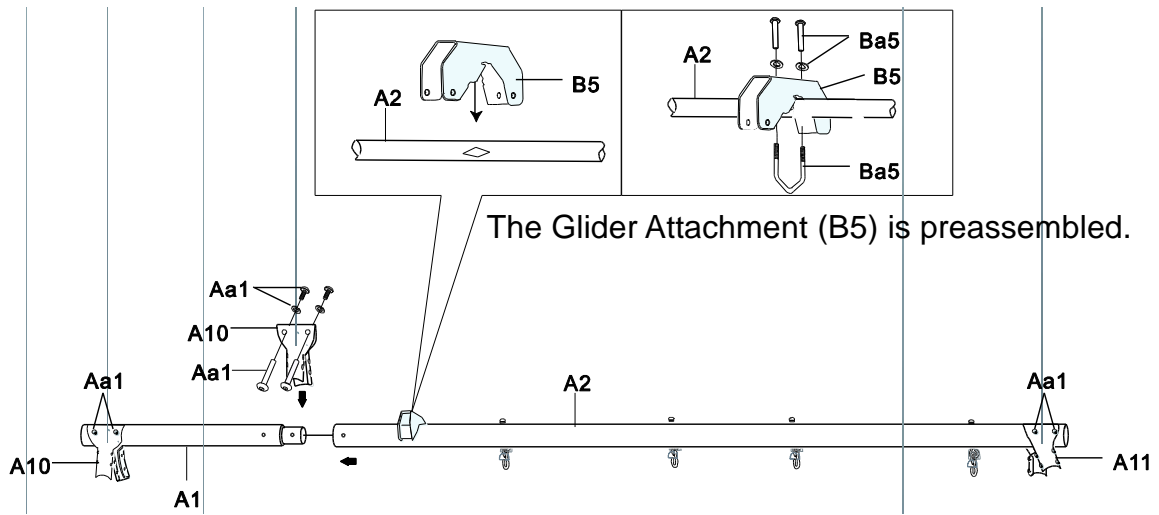
- Place the playground equipment on level ground, not less than 6 feet (1.8 meters) from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines, or electrical wires.
- Do not install the playground equipment over concrete, asphalt, packed earth, or any other hard surface. A fall onto a hard surface can result in serious injury to the user.

TIGHTENING NUTS & BOLTS

- Do not over-tighten the nuts and bolts when you are assembling your playground equipment. This will allow for some possible adjustments and ease of installation.
- Once you have completed the assembly of the playground equipment, go back over all of the nuts and bolts and properly tighten all of them before using the playground equipment.

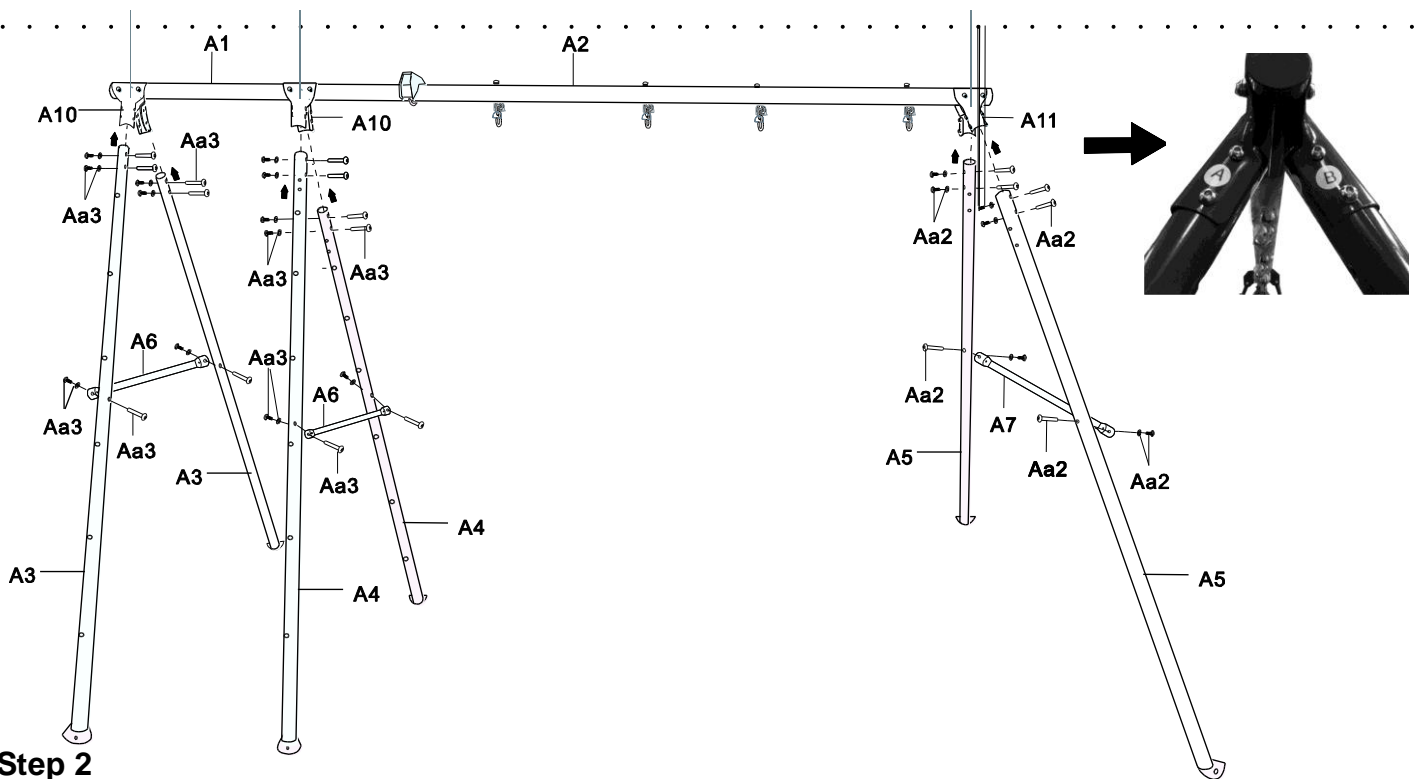
Main Frame Layout





Step 1

- Remove two sets of Aa1 from A1 and A2.
- Insert the small end of A1 into the socket of A2 and align the holes.
- Attach A10 onto A1 and A2 with two sets of Aa1 that were removed.



Step 2

Climber Legs (A3) Assembly

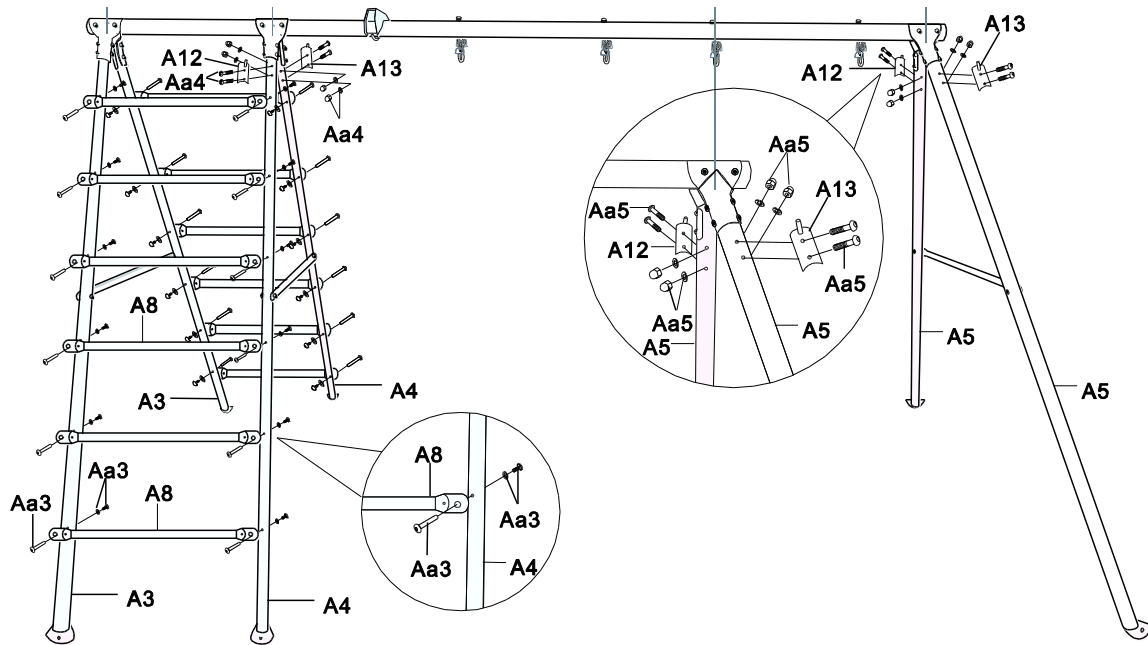
- Remove four sets of Aa3 from both A10. Insert both small ends of A3 into the sockets of the A10.
- Align the holes and secure using four sets of Aa3 that were removed.
- Attach A6 onto both A3 with two sets of Aa3.

Legs (A5) Assembly

- Remove four sets of Aa2 from both A5. Insert the small end of A5 (labeled A) into the socket of the A11 (labeled A). Repeat the above procedure to install the other A5 (labeled B) into A11 (labeled B).
- Align the holes and secure using four sets of Aa2 that were removed.
- Remove two sets of Aa2 from both A5. Attach A7 onto both A5 with two sets of Aa2 that were removed.

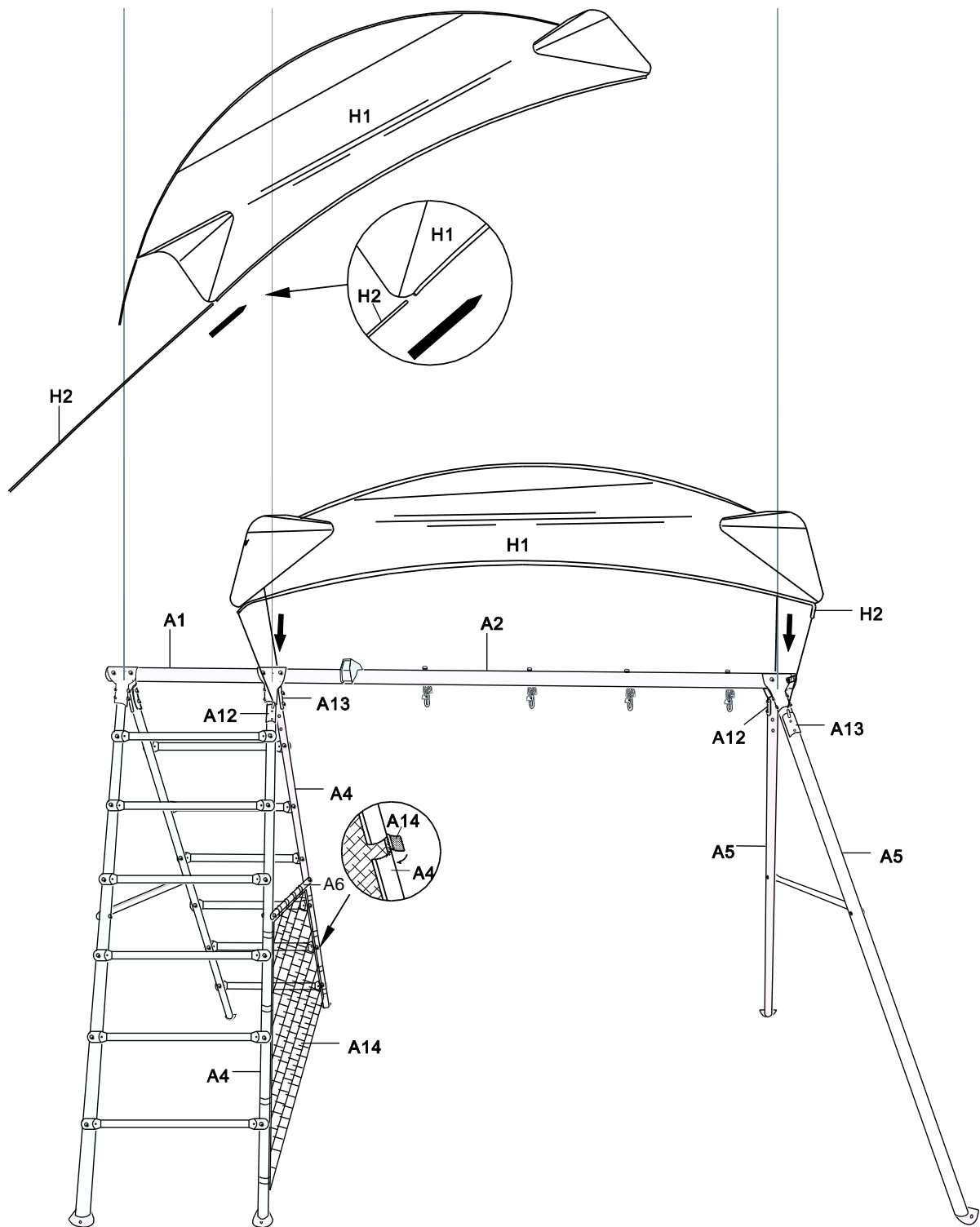
Climber Legs (A4) Assembly

- Remove four sets of Aa3 from both A10. Insert both small ends of A4 into the sockets of the A10.
- Align the holes and secure using four sets of Aa3 that were removed.
- Attach A6 onto both A4 with two sets of Aa3 that were removed.



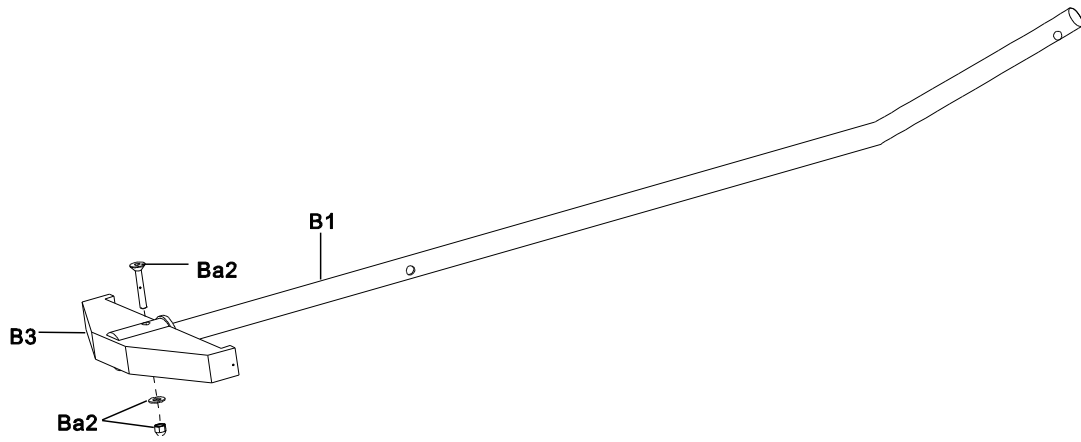
Step 3

- Remove four sets of Aa5 from both A5.
- Attach A12 and A13 onto both A5 with four sets of Aa5 that were removed.
- Remove four sets of Aa4 from both A4.
- Attach A12 and A13 onto both A4 with four sets of Aa4 that were removed.
- Attach twelve A8 onto both A3 and A4 with twenty four sets of Aa3.



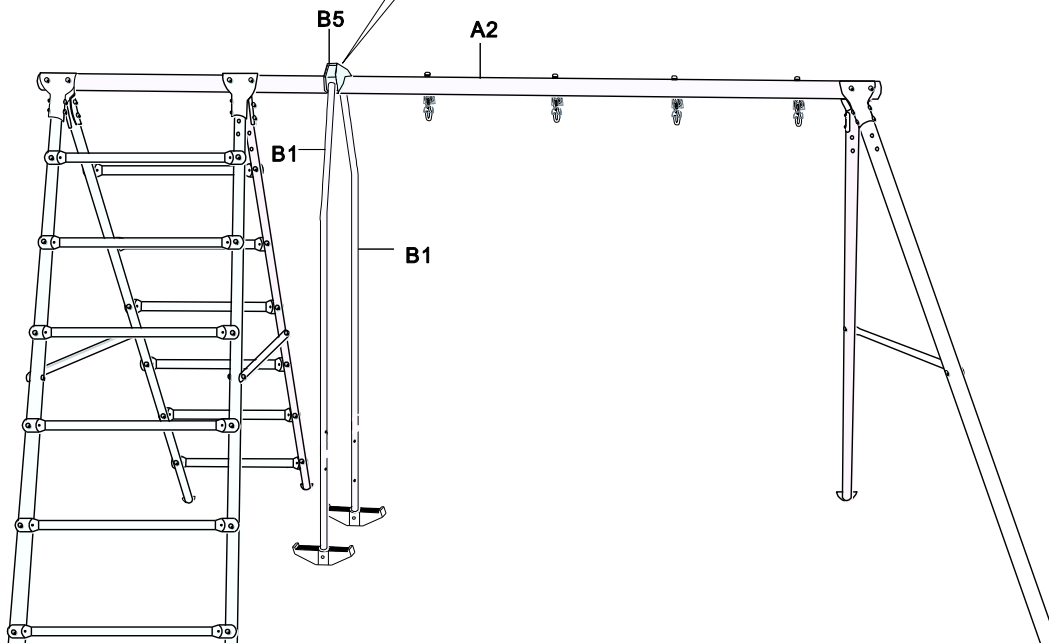
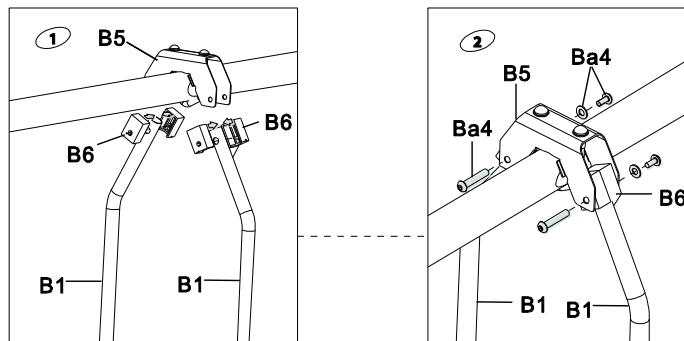
Step 4

- Insert H2 into the holes on H1.
- Insert one end of the H2 onto the tube of A13 on A5 and the other end of the H2 onto the tube of A12 on A4.
- Insert the other H2 onto the tube of A12 on A5 and the other end of the H2 onto the tube of A13 on A4.
- Attach A14 onto the A6 and both A4 with Velcro straps.



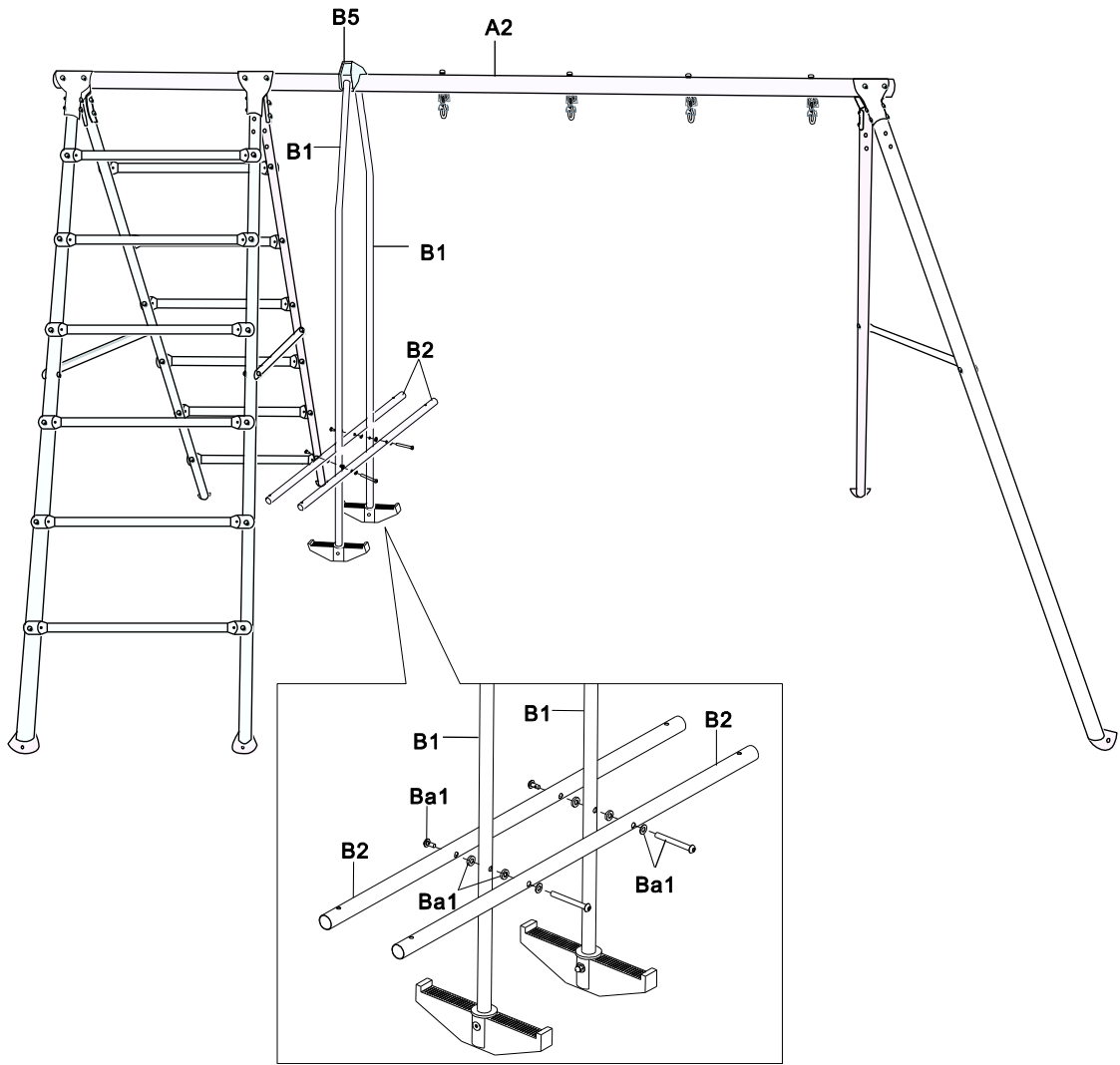
Step 5

- Remove one set of Ba2 from B1.
- Insert the B1 into the hole on B3.
- Align the hole and secure using one set of Ba2 that was removed.
- Repeat the above same procedure to install the other B1 into B3.



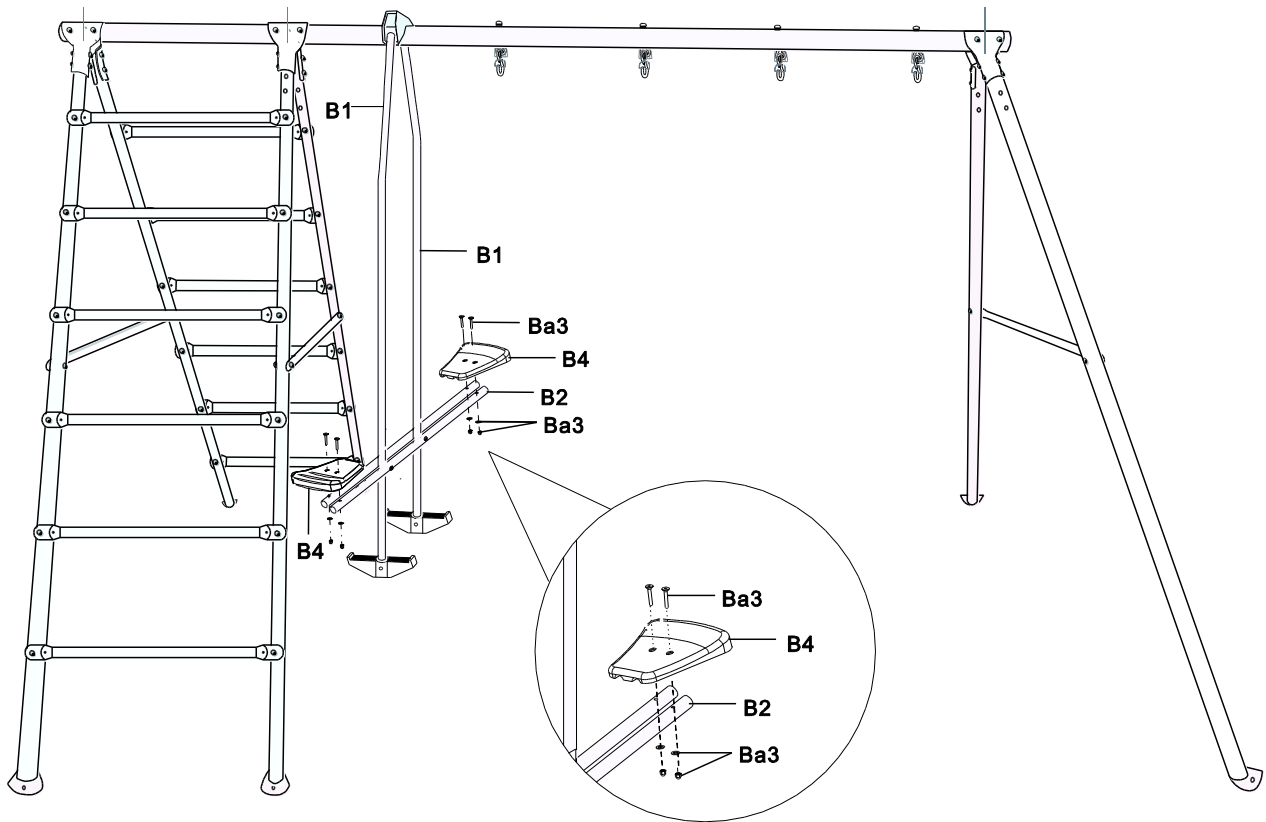
Step 6

- Remove two sets Ba4 from B5.
- Install one set of B6 onto the top end of B1.
- Install B6 with B1 onto B5 and align the holes and secure using one set of Ba4 that was removed.
- Repeat the above same procedure to install the other set of B6 with B1 onto B5.



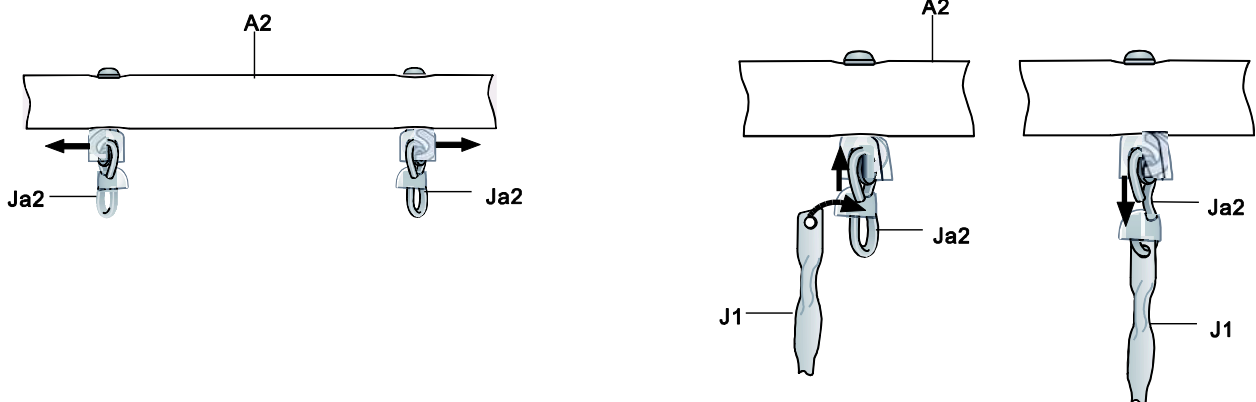
Step 7

- Remove two sets of Ba1 from both B1.
- Attach both B2 onto both B1 with two sets of Ba1 that were removed.



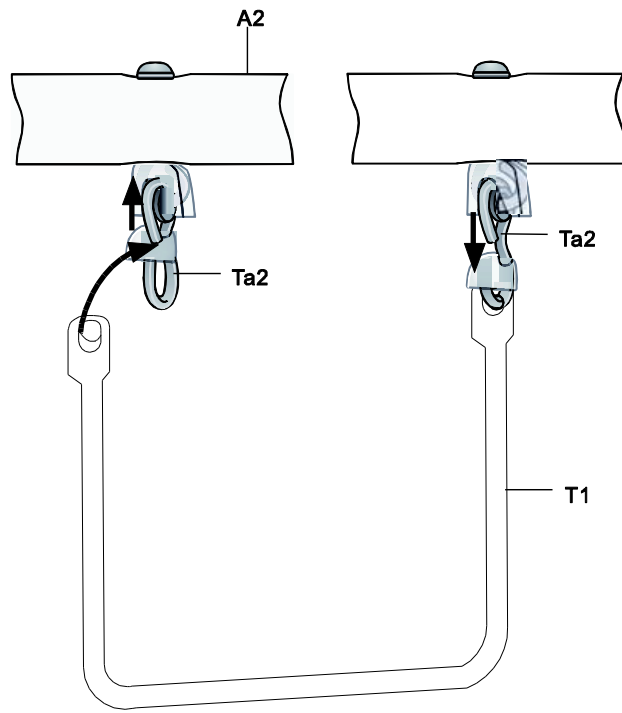
Step 8

- Remove four sets of Ba3 from both B2.
- Attach both B4 onto both B2 with four sets of Ba3 that were removed.



Step 9

- Hang J1 in place from Ja2 on the A2.



Step 10

- Hang T1 in place from Ta2 on the A2.

GROUND ANCHOR INSTALLATION

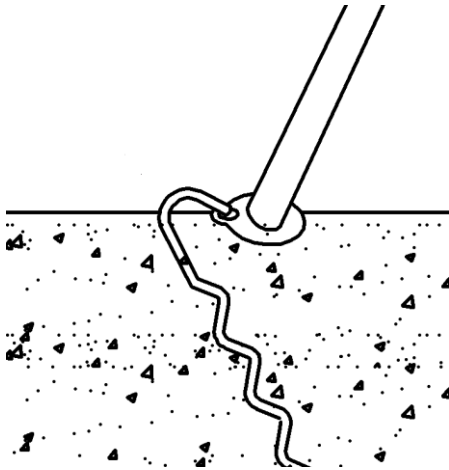
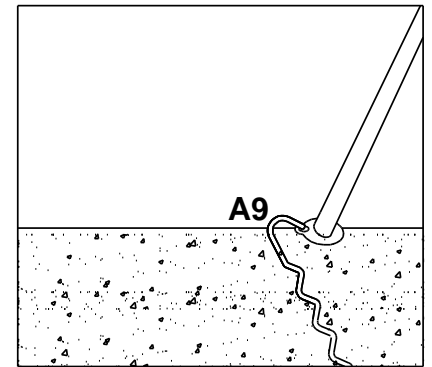
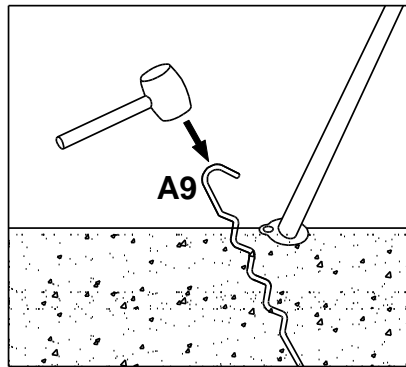
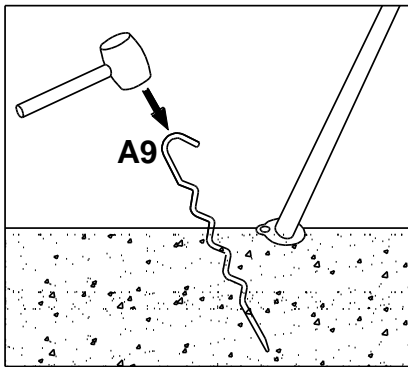
You may either anchor the feet in hard soil or if your soil is soft (sand, etc.), you may use the corkscrew (A9) anchor to secure the playground. If you wish to permanently secure your swing set, setting the legs in concrete secured by a brick or gravel bed is recommended. Ensure equipment is firmly anchored. When cementing equipment, bury the legs about three inches below the ground. This will ensure sufficient space remains under the swings. Be certain that all anchoring devices (including concrete) are placed below the level of the playing surface or below ground level to prevent tripping. Be sure the swing set is located on level ground.

For Soil Ground Installation:

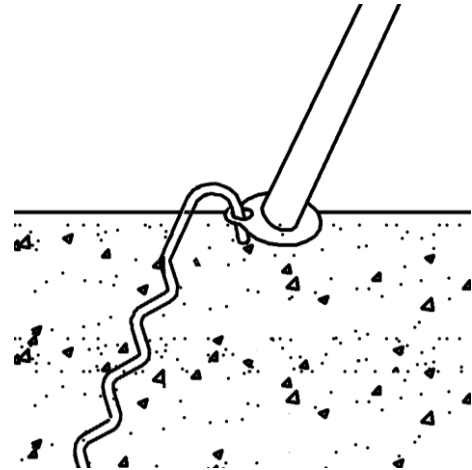
Turn the corkscrew anchor into the ground until only the hooked end is above the ground next to the leg.

Insert the hooked end into the bottom opening of the leg.

Ensure that the hooked end is secure in the leg opening.



Correct

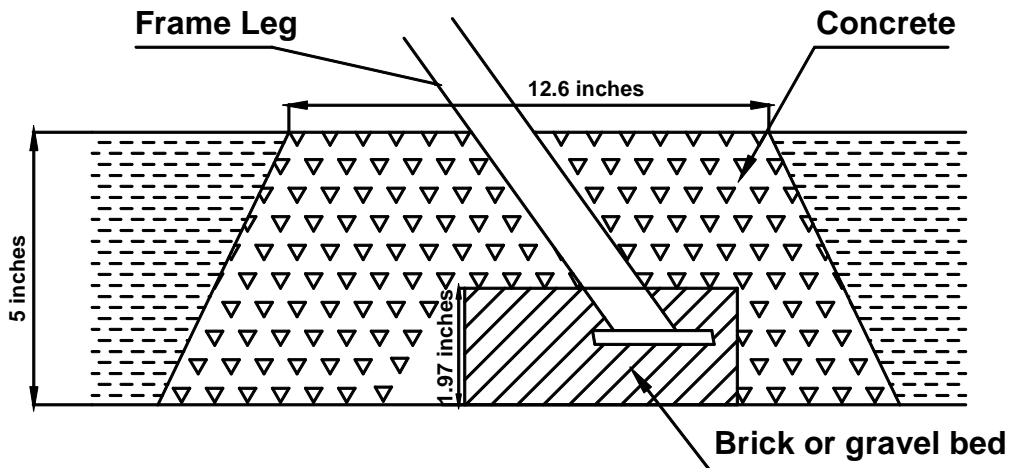


Incorrect

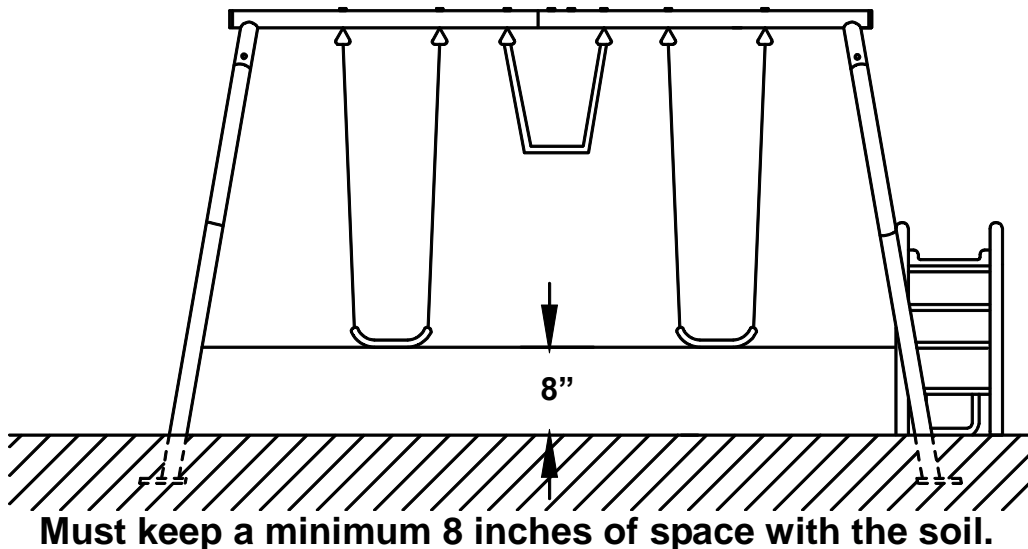
When turning the corkscrew anchor into the ground, please make sure the anchor is roughly perpendicular to the playground feet.

For Concrete Ground Installation:

- If the swing set is set up on grounds with sandy soil, it must be anchored with concrete footing (concrete not included).
- Dig holes around swing leg tube as shown below in drawing. As you dig down and create a cylindrical hole, you should use a shovel to carve out the lower part of the hole, to create a larger diameter hole at the bottom.
- Place 2 inch high brick or 2 inches of gravel bed as shown in drawing below.
- Use about 45lb of concrete per leg.
- Cover concrete with dirt and protective surface material.
- Allow about 6-7 days for concrete to dry properly.



Note: The maximum fall height for this product is 6 feet. The minimum ground clearance between the bottom of the suspended plays and the playing or ground service must be 8 inches.



Warning: Please bury the legs of the swing set as per instruction. If the swing set is used without proper anchoring, it may be dangerous and may tilt over.

This play ground received ASTM F2276 and CPSIA certification.

IRONKIDS

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