

# Caring For Your Bed Linens

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Nothing feels better than tucking yourself into bed at night after a long day and snuggling into your favorite sheets...until the sad day your sheets have lost their once perfect softness and now scratch you with every twist and turn because you didn't take care of them properly. Check out some of our helpful tips and tricks to keep your sheets looking and feeling just as good as the first night you slipped into them.



Make sure to wash brand new sheets before putting them on your bed, it helps increase softness and removes residual softeners left on them during the manufacturing process.



Always read the manufacturer's care label to make sure you are following their suggestions on how to launder your sheets, since this will vary depending on the fabric.



Rotate your sheet sets to make sure they last longer. Follow the "three set rotation rule": one set on your bed, one in the laundry and one in your linen closet.



Wash your linens at least once a week (possibly more often for hot or humid climates).



Stick to washing sheets with only other sheets. Mixing sheets with other linens can lead to increased pilling, damaging of the fibers, and color bleeding.



Pre-treat stains before you add sheets to the washer and avoid using bleach as it breaks down fibers.



Use dryer sheets, but avoid liquid fabric softeners. They leave a film that compromises softness overtime.



Use an extra rinse cycle to remove any detergent residue from your sheets.



Add vinegar or baking soda to the wash cycle to brighten your bedding and help remove built up residue reducing the softness of your sheets.



Never add clothing to a load of bedding as zippers and hooks cause pilling, abrasion, and tears.



Avoid wrinkles by:

1. Switch your sheets from washer to dryer as soon as possible.
2. Make sure to shake them out before transferring to the dryer.
3. Remove sheets from the dryer and fold as soon as they are finished.
4. If applying your linens directly to your bed, pull them out of the dryer when they are slightly damp to prevent wrinkles.
5. Limit loads in the dryer to half loads to prevent twisted bedding that leads to wrinkles.
6. If you do notice wrinkles, toss your sheets back into the dryer with a damp wash cloth which will help dissipate the wrinkles.



Replace your linens when you begin to see signs of aging, but pillowcases should be replaced every 6 months due to their contact with oils from skin, hair, makeup, moisturizers, etc.