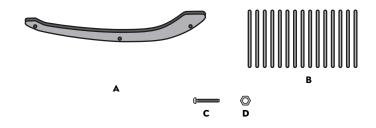
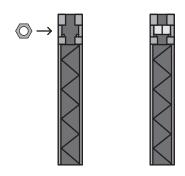


## BACK STRETCHER Assembly Instructions

Letter	Part	QTY
A	Sides	2
В	Back stretchers	15
С	Screws	6
D	Nuts	6



## STEP 1

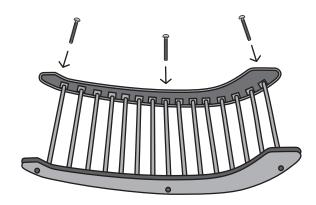


Take **three** of the 15 back stretchers and insert two nuts into each end as shown.

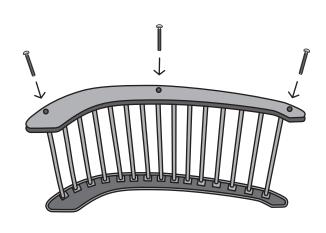


Now lie one of the sides face down and begin to insert the **back stretchers** into the corresponding holes on the side. The **stretchers with the nuts** need to be placed **in line with the three screw holes** on each side; one on each side and one in the middle. (indicated by circles)

## STEP 3



Now that all of the stretchers are in place it's time to add the other side on top and secure with **three screws**. Start inserting on one end and work your way down the stretchers for the easiest assembly.



Once the 2<sup>nd</sup> side is secured, hold the 1<sup>st</sup> side onto the stretchers and flip so you can secure the other side.

Now you can use your newly completed Back Stretcher!